



July 2018 Volume
102, Issue 7



Poulsbo Lodge
2-044
18891 Front St
Poulsbo, WA
(360)779-5209



This Month

Friday Night Dinner

Volunteers needed-Can you help on a dinner crew?
Contact Vicky in the office @360-779-5209

July

- 3 – Dinner on the deck with Fireworks
- 6 – Hamburgers and Hot dogs on the deck
- 13- “Speak Easy” Roaring 20's menu TBD – Jamie Green
- 20 – Patty Melt, fries, salad, ice cream – O'Connell Crew
- 27 – Lasagna, Caesar salad, French bread, Dessert – Tommy Pelland and crew

August

- 3 – Seafood boil– Maggie and Vicky crew
- 10 – Prime rib - Shirley
- 17 – Barbecue Ribs & fixins – Gordy and Sandra
- 24 – TBD - SmallbeckCrew
- 31 – Luau – TBD – Maggie's crew

Special Friday Night Dinner alert!!!

July 27th is a family night dinner in the Viking room! Kids are welcome to join their parents, or grandparents at a lodge for Friday night dinner! This is a first and we'd like it to continue, so invite your friends and be sure to come to dinner with the whole family! It's an awesome way to encourage our Heritage and Unger Vener Members, and get to know the next generation of Sons of Norway members!

Tuesdays in July

July 10 – August 14 grab a dinner and enjoy music at the Kvelstad pavilion. Dinner will be served from 5-7, your choice of fryer basket or salad.

Viking News

The Vikings had quite a crowd at their bonfire for Midsommer Fest. They will be in the 4th of July parade on Bainbridge Island again this year. Vikings meet the first Thursday of each month for a 7 pm potluck to plan the events and activities. The next meeting is July 5th to plan for the parades they will be in this summer. Please come join in the fun!

Help Needed

The Poulsbo SONs Vikings Ship Trailer is in need of repair. If you have any skills in this area please contact Chris Whitley cwhi1014@aol.com

The Vikings are also in need of wax to make their torches. Any wax will work. Please bring your donated wax into the lodge and leave with the office manager,

2018 Coming Events

August

- 2 - Ladies Club Picnic
- 17-18 - Folk Dance Stemne
- 18- District 2 Golf Tournament

September

- 7 – College Days
- 14-16 – Heritage and Culture Retreat- Trollhaugen
- 28 - Oktoberfest
- ?-Dist 2 Heritage Retreat

October

- 20 - Fall clean up day
- 26 - Halloween Dinner Party

November

- Scholarship Auction
- 9 - Veterans Appreciation Night
- 24 - Lodge Decorating

December

- 1 - Christmas Bazaar and Julefest
- 6 - Ladies Club Christmas Lunch
- 8 – Sharenet Auction
- 10 - Children's Lucia Party
- 19 - Christmas Kaffe Stua
- 14 - Lodge Christmas Dinner

January 2019

- 26 – Lutefisk dinner

Kayaking

Kayaking fun event Sunday July 22 from 2 to 4 pm Poulsbo waterfront. Potluck to follow in the Viking Room at 4:30. For the whole family. Bring your own kayak or rent one from the Poulsbo Marina Olympic Outdoor Center. Cost is approximately \$25 for rental. Bring something to grill on the BBQ and a side dish to share. Soft drinks provided or get something from the Trolls Den. Sign ups in the Trolls Den or via Facebook so we know how many kayaks to reserve. More information, call Paul your Sports Director 360-271-7298 or email Paulanunson@hotmail.com.

Rotary Breakfast Volunteers Needed

If you are an early riser (5 am start & 9:30 am finish) and could volunteer to help with a Friday breakfast once a month or whatever you can do, we would sure use you! We really have fun & it's a great way to meet lodge members & help where it's needed. Please contact Rob Kodalen at 360-710-0167 or kodalen@icloud.com

President's Message

Hilsen fra Presidenten,

Thank you to all those who contributed to the Midsommer Fest celebration which occurred Saturday, June 23rd. Once again there was the raising of the Maistang with the playing of music and children were dancing and singing. In the evening our Vikings raised their torches once again and gave the Midsummer proclamation. Most of all on this day fun was had by everyone.

By the time you read this, Heritage Camp for our youth will have come and gone. The campers made lefse, krumkake, learned to weave and stitch, along with learning some Norwegian language and dances. Thanks to all who volunteered to provide camp for our young people. I would like to give special thanks to Holly Gleason and Alisha Anunson for organizing the Heritage Camp and the Midsommer celebration.

A special shout out to our Building Association; especially Rob Manos, Les Faulk, Jerry Rice and Bob Loveland. So much has been accomplished for our lodge. Recent activities include new Wainscoting Panels in the Marine Room and improvements to our deck off the Trolls Den. Deck improvements include power, under rail lighting and a new railing cover.

The District 2 Convention has completed with 6 delegates attending from our lodge. Our lodge received gold merit awards for 2016 and 2017 and Lodge of the Year for 2017! Yours truly was elected as the Publicity/Social Director for District 2. Three of our delegates were elected to go to the International Convention in August.

This has been a busy month and an exciting year! Besides all the events and activities, our members have been out recruiting new members. At our June meeting forty new members joined our lodge.

Ha det bra,
Rob K.

Ladies Club News

The Ladies had a wonderful hors d'oeuvre potluck at their June meeting. The historical powerpoint presentation of *The Blushing Brides of Poulsbo* by Poulsbo Historical Society member Judy Driscoll was a delight. The ladies enjoyed it so much that they would welcome further programs of this sort.

There will be no July meeting. We will meet at 1 p.m. at the Lodge for our August 2nd picnic. It will be a potluck.

Around the District

July 8 – Borderfest – Peace Arch Park
July 14 – Steak Fry – Trollhaugen Lodge

Dancing

Leikarringen youth dancers are on summer break



Adult folk dancing

Are on summer break. Call Julie Buckel at (360)394-9698 or Suzanna (484)794-2405 for information.

Language Lessons

Norwegian 101 will take the month of July off.

Norwegian Support classes is on summer vacation until September.

Norwegian Men's Chorus

Thursday evenings at 7:30 pm. No Rehearsal July 5. Contact Kathy Haug 360-297-0791 for information.

Woodcarving

North Kitsap Woodcarvers Guild meets Thursdays in the Norse Room from 6-8pm. All levels of expertise welcome. For info, call Jeff Iller at 698-7175.

Nordic Needleworkers

Instruction in Hardangar embroidery and help in other handwork is available.

Fridays 10-1 pm. Call Virginia for info. (360) 633-2499

Ladies Book Club

Book club meets 1:00 pm Tuesday, July 17 at Liberty Bay Books. This month's book is "When It Grows Dark" by John Lier Horst.

Library

The library is open during lodge meetings, the first Wednesday of each month from 11-2, and Mondays when Leikarringen meets from 4-7. The book list is on the website here:

www.poulsbosonsofnorway.com

Monday Night Movies

Monday Night movies in the Viking room at 6:00 pm for all our members young and old! Mondays July 9th, 16th, 23rd and 30th, we will be watching movies, eating popcorn and hanging out together!

Specialty popcorn will be sold to benefit our Youth Foundation, and the movies will be fantastic!

Please join us for this special summertime event at the lodge. Our first movie will be: Thor, after that we will be voting from a selection for the next week. More details coming on Facebook, questions contact Alisha Anunson at alishaszoo@yahoo.com.

2018 Board Members

President Rob Kodalen, Vice President Mike Dudley, Secretary Barb Mitchusson, Treasurer Kathy Moncrief,
Co-Membership Secretaries Laura McDonough and Michelle Meng,
Social Directors Tania Garberg Co-Cultural Directors Alisha Anunson and Glen Robbins, Youth Director Holly Gleason, Sports Director Paul Anunson, Publicity Patrick Hanson, Foundation Director Beth Farley, Auditors Dick Nutter, ony Smallbeck, David Rice
Trustees Steve McConnell, Historian -open
Marshall Donna Kodalen, Assistant Marshall Paul Anunson,
Greeter 1 Susan Brionez,
Greeter 2 Karen Zabinski,
Musician Kathy Haug,
Assistant Musician Jean Malmin,
Counselor Skip Walsh,
Editor Joanne Graves



District Two
United States

SONS OF NORWAY BORDER FESTIVAL PICNIC



District Seven
British Columbia

Peace Arch Park, Blaine Washington

Sunday, July 8th, 2018

Horseshoes at 10:00am

Lunch at 12:00 noon, Coffee provided.

Bring a lunch for yourself, utensils and beverages other than coffee and a dessert to share with all lodges.

Program begins at 1:00 and includes:
Flag salute and national anthems,
raffle drawings, royalty contest and entertainment.

Optional: Lawn chair, sun glasses, hat and umbrella

Parking: Washington State Parks Dept charges \$10.00 for one day or requires a Discover Pass (\$30.00) to use the parking lot. Handicapped parking is free.

Information:

Elaine Grasdock, viking1kg@gmail.com (360) 734-7753
Susan Strang strangb@telus.net (604) 291-1664

Congratulations Scholarship Winners

Congratulations to Megan Meng, the 2018 Poulsbo Sons of Norway College Scholarship Winner. Congratulations to Katerina kraus, the 2018 sons of Norway camp scholarship winner.

District 2 and International Scholarships

Scholarship applications will be available on the Sons of Norway International website October 15, 2018.

Pssst: Are you keeping your Sons of Norway Membership a secret?

Spread the word about the fun and fellowship we share as Sons of Norway members. The more the merrier! Nonmember friends and family are welcome to attend a lodge meeting, volunteer activity or an event as your guest (even if they aren't ready to sign up yet). Remember, anyone with an interest in Nordic culture and heritage is welcome to join Sons of Norway.

TROLLHAUGEN



2018

ANNUAL STEAK FRY

Come one, Come all, for a great day in the Cascade Mountains at your Trollhaugen Lodge

Come and participate in the Family and group activities we are planning for the day. All activities will start at 11:00 AM.

Come and be part of a great experience and enjoy an excellent dinner.

There will also be salmon available instead of steak.

When ordering please specify whether you would like steak or salmon.

Kids meal for \$5.00 ages 12 and under.

Come for the day, the night or the weekend.

When: July 14th 2018

Happy Hour (BYOB): 2:30 pm Dinner: 3:30pm

Tickets are \$22.00 After July 7th, 2018 \$25.00.

For dinner reservations: Contact Bill Hicks (425) 672-0194 or e-mail at: Hicks1015@msn.com

For overnight reservation contact the Trollhaugen Managers.
Trollhaugen phone is (509) 656-9997 or e-mail Trollhau@outlook.com

Meatballs in a Gjetost Sauce

For the Meatballs

- 2 Lbs Ground Beef
- 1 Tsp Salt
- ½ Tsp Pepper
- 2 Eggs - lightly mixed
- 1 Cup Milk or 1 Cup Beef Broth
- ½ Cup Flour or ½ Cup Fine Dry Breadcrumbs

For the Sauce

- 2 Tbsp Butter
- 2 Tbsp Flour
- ¾ Cup Light Cream
- ½ Cup Chicken Broth
- 1 Cup Shredded Gjetost Cheese
- ¾ Cup Sour Cream
- 2 Tbsp Chopped Parsley or 2 Tbsp Fresh Dill

Making the Meatballs

Step 1

In a large bowl combine the ground beef, salt, pepper, eggs, milk or broth, flour or breadcrumbs using your hands or an electric mixer.

Step 2

Moisten your hands and shape the mixture into ¾ inch meatballs.

Step 3

In a large frying pan at medium heat add 2 tbsp of oil.

Step 4

Add meatballs to the pan and shake the pan gently to turn the meatballs. Cook the meatballs for about 10 minutes and then remove as they start to brown.

Step 5

Place meatballs on a plate lined with paper towels to drain prior to serving. Save the pan and the cooked-on bits to make the sauce.

Making the Sauce

Step 1-Remove as much of the oil from the pan as possible.

Step 2- Moisten your hands and shape the mixture into ¾ inch meatballs.

Step 3 -Evenly stir in the light cream.

Step 4 -Add the chicken broth, return pan to the burner at medium heat and bring to a boil. Make sure to stir evenly until thickened.

Step 5 -Reduce the heat to low and stir in the gjetost.

Step 6 -Mix a small amount of the sauce into the sour cream, return the sour cream to the pan of sauce.

Step 7 -Add the chopped parsley or dill.

Step 8 -Return the meatballs to the pan and simmer until heated through. Serve with cooked rice, potatoes or egg noodles.

Tuesday Night Dinners

Summer Nights at the Bay

Come down for dinner and listen to music on the waterfront on the following Tuesday nights:



July 10th – Fryer basket or Chicken Caesar Salad

July 17th – Fryer basket or Shrimp Louie Salad

July 24th – Tacos, beans & chips or Taco Salad

July 31st – Fryer basket or Shrimp Louie Salad

Aug 7th – Pulled Pork Sandwich, Beans and Cole slaw

Aug 14th – Fryer basket or Chicken Caesar Salad

Fryer basket will be your choice of fish, chicken strips or shrimp & fries, tater tots or onion rings with a side of coleslaw.

Dinner will served from 5 – 7 pm

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Reminder: No outside food is allowed to be brought in the Den or on the Deck when meals are being served on these dates.
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SONS OF NORWAY DISTRICT 2 SCRAMBLE GOLF TOURNAMENT SATURDAY, AUGUST 11, 2018



WANDERMERE GOLF COURSE
13700 N WANDERMERE RD.
SPOKANE, WA 99208
(509) 466-8023

CO-CHAIRS: SUSAN KIRKEBY: 509-535-5471

BILL HICKS: 206-919-1425

\$75.00 ENTRY FEE. FEE INCLUDES: GREENS FEES, GOLF CART, SACK LUNCH, BANQUET, PRIZES AND AWARDS. \$20.00 BANQUET FEE FOR GUESTS.

TEE TIMES STARTING AT 9:00 AM

HOTEL ACCOMODATIONS: QUALITY INN OAKWOOD

7919 N. DIVISION SPOKANE WA 509-467-4900

\$135.00 PER NIGHT PLUS TAX

WHEN MAKING RESERVATIONS, PLEASE STATE YOU ARE WITH THE SONS OF NORWAY GOLF TOURNAMENT. RESERVATIONS **MUST BE MADE BY JULY 10TH** OR THE ROOMS WILL BE CANCELLED. WE HAVE 16 ROOMS AVAILABLE.

Like
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pic

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Pancake Breakfast 8:45 – 11:00	2	3 Poulsbo Third of July Dinner on the deck with Fireworks	4 No Kaffe Stua (Norwegian Luncheon) 6:30- Norwegian 101	5 6:00pm -Trivia 6:00pm-Woodcarving 7:00 - Vikings	6 10-1- Nordic Needle workers 6:00pm – Dinner – Hamburgers and Hot dogs on the deck	7
8 Borderfest at Peace Arch park	9 6:00 -Movie Night “Thor”	10 5-7 – dinner - fryer basket or salad 6:00pm Board Meeting	11 11am-2pm Kaffe Stua (Norwegian Luncheon) 6:30- Norwegian 101	12 6:00pm -Trivia 6:00pm-Woodcarving 7:30 V. S. Mannskor	13 10-1- Nordic Needle workers 6:00pm – Dinner -”Speak Easy”	14 Trollhaugen Steak Fry
15	16 6:00 -Movie Night	17 1:00pm -Ladies Book Club 5-7 – dinner fryer basket or salad	18 11am-2pm Kaffe Stua (Norwegian Luncheon) 6:30- Norwegian 101	19 6:00pm -Trivia 6:00pm-Woodcarving 7:30 V. S. Mannskor	20 10-1- Nordic Needle workers 6:00pm – Dinner – patty melts	21
22 Kayaking on Liberty Bay - 2-4pm	23 6:00 -Movie Night	24 5-7 – dinner - fryer basket or salad	25 11am-2pm Kaffe Stua (Norwegian Luncheon) 6:30- Norwegian 101	26 6:00pm -Trivia 6:00pm-Woodcarving 7:30 V. S. Mannskor	27 10-1- Nordic Needle workers 6:00pm – Dinner - lasagna	28
29	30 6:00- Movie night	31 5-7 – dinner - fryer basket or salad	1 11am-2pm Kaffe Stua (Norwegian Luncheon) 6:30- Norwegian 101	2 6:00pm -Trivia 6:00pm-Woodcarving 7:30 V. S. Mannskor	3 6:00pm – Dinner – Seafood boil	4
						

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For *free, no obligation* information about *The Sons of Norway Chronic Illness Accelerated Benefit Rider*, please contact your Financial Benefits Counselors

Alisha Anunson (360) 271-7302, or alishaszoo@yahoo.com,

Marlene Taylor, CLU, MSFS (360) 426-5595 or marlene@marlenetaylorinsurance.com <https://www.vrbo.com/3015950ha>

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