**Volunteers needed**—Can you help on a dinner crew?

Contact Vicky in the office @ 360-779-5209

**March**
- 2 - Chicken Cordon Bleu with Glen's crew
- 9 - Steak or cod with the Kodalen's
- 16 – St Patrick Dinner - Maggie G and Crew
- 23 - No dinner
- 30 – Spring Fling – Chicken Piccatta with Tania

**Host Volunteer**
What's a host volunteer? They are a lodge member who helps unlock the doors and turn on the lights for guests who rent our lodge space. This role may consist of checking identification and/or the volunteer could be closing down and making sure doors are locked and lights are off. Renting out our space helps keep our lodge running financially. It's our volunteers that help "host" who make this possible. And... if you volunteer you get a free voucher for Sunday breakfast (first Sunday of the month.) If interested or to find out more, contact Michelle at Poulsboson@gmail.com

**Member Dinner Survey**
Is Christmas too busy? Would you like to have our annual member dinner sometime other than Christmas? Do you prefer Mid December, Beginning of November, some other time? When? Let us know! Any suggestions for the dinner? Email Tania at tag4fish @ yahoo . Com.

**Poulsbo Sons of Norway Scholarships**
We will be awarding two $1,000 post secondary scholarships this year. Applications are on line at: Scholarship applications are due in the lodge office on May 1, 2018.

**Aprons**
We will be placing another order for Sons of Norway Red aprons. They have the Norwegian flag and are personalized with your name. There are 3 different size options. I have samples of each.
- A700 25" W x 34.5" L $26
- A703 22" W x 30" L $25
- 5965 28" W x 30" L $30

Please contact Donna Kodalen via email kodalend@icloud.com if you are interested in ordering. Deadline to order is March 31, 2018.

**February Coming Events**

**April**
- 20- Back to the 60's
- 21 Spring clean up day

**May**
- 4 Cinco De Mayo (May the “fourth” be with you)
- 7 Leikarringen End of Year Party
- 8 Lodge Memorial Service
- 16 – Viking Fest Kaffe Stua
- 18-20 Viking Fest

**June**
- 23 Midsummer
- 26-28- Heritage Camp

**July**
- 7 Borderfest
- 21? Trollhaugen Steak Fry

**August**
- 2 Ladies Club Picnic
- 10-Running of the Vikings
- ?.Knudson/Berg Golf Tournament
- 17-18 Folk Dance Stemne
- 18-District 2 Golf Tournament

**September**
- 7 – College Days
- ?.Dist 2 Heritage Retreat

**October**
- 5 Oktoberfest
- 20 Fall clean up day
- 26 Halloween Dinner Party

**November**
- Scholarship Auction
- 9 Veterans Appreciation Night
- 24 Lodge Decorating

**December**
- 1 Christmas Bazaar and Julefest
- 6 Ladies Club Christmas Lunch
- 10 Children’s Lucia Party
- 19 Christmas Kaffe Stua
- 14 or 21? Lodge Christmas Dinner

**Nordic Canine Basket**
Help us fill our Nordic Canine Basket to be raffled off at the District 2 convention. We are looking for donations of dog and pet items with a Nordic theme. Watch our facebook page for ideas and drop your donations off at the lodge office.

**Around the District**
March 16 – Leif Erickson Lodge Heritage day and Leif to Leif run/walk
Hilsen fra Presidenten,

Thanks to everyone who helped make the Lutefisk and Meatball Dinner another success! My wife Donna and I thoroughly enjoyed this event. This year we had 336 guests. We once again had a delicious meal and saw wonderful dancing of our Leikerringen Dancers. They again helped bus the tables in their spare time. We are probably going to move this dinner to November 17 to be more in line with the holidays. We would appreciate your feedback on this proposed change.

Once again thanks go to our Poulsbo Sons Of Norway Vikings who again really outdid themselves at this year’s Winter Rendezvous Weekend in Poulsbo. They held their second Valisblot Bonfire. In the Norse days of old, this would be what we know as Valentine’s Day. The downtown community held a Glogg making contest which our Vikings (in conjunction with Tizley’s Europub) took first place and received a beautiful trophy.

The February Lodge Meeting had a special presenter, Pastor Ron Hoyum from Port Madison Lutheran Church. He gave a great presentation concerning Norwegian Lutherans coming to America. A special thanks to new member Assistant Marshal Darle Towne who has already helped with quite a number of activities and now will be teaching beginning Norwegian language classes. He will also be featuring a word of the month in the Måken.

Congratulations to Carol Avery for being the raffle winner of the rosemal chest which was a very generous donation by Bremerton Lodge members Nancy and Grant Woods. The money from the raffle tickets will go to the scholarship fund.

March is going to be busy with St Patrick’s Dinner on March 16 and the Historical Society Cod Fish Dinner on March 24th. Remember lodge volunteers are always needed and greatly appreciated to help put these dinners on. Please consider if you can volunteer to help with any of our many activities.

Ha det bra,
Rob Kodalen

President’s Message

Dancing
Leikarringen youth dancers Monday at 4:30 Classes are full for this year. Registration for next year will be Monday, May 21 at 4:30.

Adult folk dancing
Mondays at 7:00pm for beginners and 8:00pm for intermediate. Live music dance party March 19. Call Julie Buckel at (360)394-9698 or Suzanna (484)794-2405 for information.

Language Lessons
Beginning Norwegian with Darle will start soon. Watch facebook for details. Norwegian Support classes on Thursday, from 1-2:30 pm. The class is for Intermediate and advanced students. Please bring a Norwegian Dictionary.

Norwegian Men's Chorus
Thursday evenings at 7:30 pm. Contact Kathy Haug 360-297-0791 for information.

Woodcarving
North Kitsap Woodcarvers Guild meets Thursdays in the Norse Room from 6-8pm. All levels of expertise welcome. For info, call Jeff Iller at 698-7175.

Nordic Needleworkers
Instruction in Hardangar embroidery and help in other handwork is available. Fridays 10-1 pm. Call Virginia for info. (360) 633-2499

Ladies Book Club
Book club meets 1:00 pm Tuesday, March 20 at Liberty Bay Books. This month's book is “Skipping Stones” by Gloria Koll

Library
The library is open the first Wednesday of each month from 11-2 and Mondays when Leikarringen meets from 4-7. The book list is on the website here: www.poulsbosonsofnorway.com

District Two Youth Camps
District two youth camp applications are on line at https://www.sofncamps.com. Our lodge offers three $100 scholarships for camp and there are district two scholarships available.

Ladies Club
A big thank you to all who helped with the Lutefisk dinner and the lefse and krumkake work parties.

The Ladies Club luncheon will be on Thursday, March 1 at noon. Come a little early to visit. It is a potluck so bring a dish to share. Be sure to wear green as the emphasis will be on St. Patrick's Day.

Ladies Club
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<tr>
<th>Sunday</th>
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<th>Wednesday</th>
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<td>4:30 Leikarringen 7:00 Beg Folk Dance 8:00 int Folk Dance</td>
<td>6:00pm Board Meeting</td>
<td>11am-2pm Kaffe Stua (Norwegian Luncheon)</td>
<td>1:00 – Language group 6:00pm -Trivia 6:00pm-Woodcarving 7:00 - Vikings 7:30 V. S. Mannskor</td>
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</table>
| 4:30 Leikarringen 7:00 Third Monday dance party | 6:00pm dinner – spring fling – chicken Piccatta with Tania | Darle's Dagens Ord – Today's word  
*Koselig* – cozy of snug. A sense of warmth and comfort. A person, a house, a conservation can be koselig.  
*Kose seg med* – comfort oneself with.
The Sons of Norway Chronic Illness Accelerated Benefit Rider

People are living longer than ever. Longevity has its benefits, but it also presents challenges. You may need to plan for the increased likelihood that you may develop a chronic illness such as disabling heart disease, Parkinson’s disease, or Alzheimer’s disease. It is a convenient and practical way to help you pay for your long term care expenses.

Did you know…

- People who reach age 65 have a 70% chance of developing a chronic illness covered by the Chronic Illness Accelerated Benefit Rider1
- 4 of 10 people retired early to care for a spouse or other family member
- 1 of 3 caregivers of people with Alzheimer’s disease provide care for 5 years or more
- Most long-term care is provided at home by a family member

The chronic Illness Accelerated Benefit Rider is a flexible, low cost addition to your life insurance certificate. It allows your certificate to do more for you.

It Provides Regular Monthly Payments if the insured is under medically prescribed long term care.

The benefit may be used for At Home Care or Nursing Home Stay.

It’s easy to use. No Receipts Or Care Plan Are Needed. Certificate holders can decide how their monthly payments are spent.

For free, no obligation information about The Sons of Norway Chronic Illness Accelerated Benefit Rider, please contact your Financial Benefits Counselors

Alisha Anunson (360) 271-7302, or alishaszoo@yahoo.com,

Marlene Taylor, CLU, MSFS (360) 426-5595 or marlene@marlenetaylorinsurance.com