





This Month

Friday Night Dinner Volunteers needed-Can you help on a dinner crew? Contact Vicky in the office @360-779-5209

July

7- Steak or cod with the Kodalens 14-TBD

21-No dinner, come to the Luau Saturday

22- Luau

28- Ham Ball Dinner with Jamie and Kyle Green

August

4- Steak and Fish with Maggie Gresham

11- Chicken Fried Steak with Rhonda

18 – TBD with the Walsh Crew 25- TBD

Holiday Office Hours

The Lodge office will be closed Monday July 3, & Tuesday, July 4

Kayaking on Liberty Bay July 16

Kayaking is on July 16 at 2 pm followed by potluck BBQ in the Viking room. Meet at lodge at 2 pm, BBQ at 5:00. Bring something to grill and something to share. Cost is \$26 for 2 hours. Sign up in Trolls Den, on Facebook or by calling Sports Director Paul at 360-271-7298.

Mannskor New Singers Night

Thursday July 13, at 7:30pm stop by the Marine room and meet our Norwegian Men's chorus. Learn about Sangerfest 2018, and sing a few songs with us! More information: pcnsa.org/local-groups/poulsbo or call (360) 297-0791

The Trolls Den is Looking for Musicians!

Are you musically talented? The Trolls Den is asking our membership if anyone or any group would be interested in performing for free on a Saturday evening? The purpose is to have a fun night watching and listening to our members perform their talents. The performer(s) could set out a tip jar. If you are interested or have any thoughts, please contact Kodalen Robert kodalen@icloud.com

New Suggestion Box

We have added a new suggestion box in the Trolls Den. It is located on the wall at the sign in table by the Trolls Den entrance. It is there so you can give us your feedback and comments in regards to the Trolls Den and the Lodge in general. Your feedback is important to us to improve the quality of the lodge.

Thea Foss Musical in Tacoma

The Other Country - A Play With Music about Thea Foss August 11 (7pm Opening Night Show), August 12 (2pm & 7pm shows), August 13 (2pm show) Foss Waterway Seaport, 705 Dock Street, Tacoma, WA 98402 The Other Country is a community-based event for all ages 8+, placing the memorable Thea Foss story squarely in its original and authentic setting, both inside and outside the dynamic and historic Foss Waterway Seaport, with five shows on August 10-13 (patron preview on August 10 is sold out!). Tickets are available online a brownpapertickets.com or at the door (cash only).

Trollhaugen Anniversary Celebration

Get your reservations in for the 45th anniversary celebration at Trollhuagen lodge on Stevens Pass. See the flier on page three for details. Celebration starts Friday night July 14 and continues through to Sunday, July 16. Come for the whole weekend or just one day. Reservations are required for overnight stay.

Luau - July 22

Dinner at 6:00pm; Roasted Pork, Rice, Beans, Fruit, Macaroni Salad, and More. Hawaiian shirt contest. and music.

2017 Coming Events

August

3 – Ladies Club Picnic 18-20 – Folk Dance Stemne TBA- Knudson/Berg Golf tournament TBA Dist 2 Golf

September

15 – Fall Harvest Fest

16 – Ladies Club Rummage Sale

TBA – Dist 2 Heritage Retreat

October

6 – Oktoberfest

21 – Fall clean up day

27 – Halloween party

November

10 – Veterans Appreciation Night

26 – Lodge Decorating

December

2 – Christmas Bazaar & Jul Fest

7 – Ladies Club Christmas Dinner

9 - Sharenet Auction

11 – Children's Lucia party

13 – Christmas Kaffe Stua

15 – Lodge Christmas dinner

President's Message

Hilsen fra Presidenten,

I hope everyone will come and see the 300 new chairs now in use in the Marine Room as well as our new cash register system. These new additions should make a big improvement for our members, as well as when we have special celebrations.

I want to thank all those who contributed to the Midsommer Fest celebration. Friday our Vikings once again made a procession through town with their torches held high. The procession ended at the firepit where Viking Brennan Webster read the proclamation followed by the bonfire. The following day was the raising of the Maistang. It started as 7 musicians played their instruments and led a procession of families and community members thru town and back along the waterfront. The Maistang was raised as Bob Moseng kept the crowd informed. Throughout the celebration there was wonderful music, dancing, flower crowns and even face painting.

By the time you read this, Heritage Camp for our youth will have come and gone. The campers made lefse, krumkake, learned to weave and stitch along with learning some Norwegian language and dances. This only scratches the surface of what fun activities were offered. Thanks to all who volunteered to provide camp for our young people. I would like to give special thanks to Holly Gleason and Alisha Anunson for organizing the Heritage Camp and the Midsommer celebration.

This has been a busy month and an exciting year! Besides all the events and activities, our members have been out recruiting new members. At our June meeting forty-five new members joined our lodge.

Trollhaugen is celebrating their 45th Anniversary July 14 through 16 2017. Many activities are scheduled. See our Facebook page for details. Also, mark your calendars for Border Fest on July 9 and the Lodge Luau on July 22.

Many Thanks to All of You! You make us a great fraternal organization – the Sons of Norway Poulsbo Lodge. Ha det bra,

Rob

Ladies Club News

There will be no Ladies Club in July. There will be a potluck picnic on August 3rd.



Are you still getting the maaken in the mail? Sign up for the digital maaken in full color emailed to your inbox. Call Vicky in the Office 779-5209

Dancing

Leikarringen youth dancers

are on summer vacation.

Adult folk dancing

Check out the new website at: www.PoulsboSammendra.com

Julie Buckel at (360)394-9698 or Suzanna (484)794-2405 for information.

Language Lessons

Norwegian Support classes on Thursday, from 1-2:30 pm. The class is for Intermediate and advanced students. Please bring a Norwegian Dictionary. We are still looking for a beginning level Norwegian teacher. No Class on Thanksgiving

Vestre Sund Mannskor

New Singers evening July 13 at 7:30pm.. Contact Kathy Haug 360-297-0791 for information.

Woodcarving

North Kitsap Woodcarvers Guild meets Thursdays in the Norse Room from 6-8pm. All levels of expertise welcome. For info, call Jeff Iller at 698-7175.

Nordic Needleworkers

Instruction in Hardangar embroidery and help in other handwork is available. Fridays 10-1 pm. Call Virginia for info. (360) 633-2499

Ladies Book Club

Book club meets 1:00 pm Tuesday, July 18 at Liberty Bay Books. This month's book is "Peer Gynt" by Henrik Ibsen

Library

The library is open the first Wednesday of each month from 11-2. The book list is on the website here:

www.poulsbosonsofnorway.com

Around the District

July

9 – Border Fest 14-16 – Trollhaugen Lodge 45th anniversary celebration

September

22-24 – Adult Heritage Retreat



Trollhaugen Cultural Heritage Retreat Sept 22-24, 2017

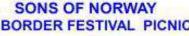


Do you want to learn more about your heritage?
Join us in the beautiful Cascade mountains at
Trollhaugen Lodge for a weekend of "All Things
Norwegian". You can dream that you ARE in
Norway while you sample rosemaling, genealogy,
wood carving, hardanger and some "Ekte
Norsk" (real Norwegian) dining.

Tuition is \$145 before Sept.1st, \$155 after. (includes lodging, all meals & most class supplies)

For application go to www.sonsofnorway2.com/events Your check secures your reservation. Space is limited. For more info call: Chris Hicks 425-672-0194 hicks1015@msn.com







District Seven British Columbia

Peace Arch Park, Blaine Washington

Sunday, July 9th, 2017

Horseshoes at 10:00am

Lunch at 12:00 noon, Coffee provided.

Bring a lunch for yourself, utensils and beverages other than coffee and a dessert to share with all lodges.

Program begins at 1:00 and includes: Flag salute and national anthems, raffle drawings, royalty contest and entertainment.

Optional: Lawn chair, sun glasses, hat and umbrella

Parking: Washington State Parks Dept charges \$10.00 for one day or requires a Discover Pass (\$30.00) to use the parking lot. Handicapped parking is free.

Information;

Elaine Grasdock, viking1kg@gmail.com (360) 734-7753 Susan Strang strangb@telus.net (604) 291-1664

TROLLHAUGEN LODGE

one of Norway District No. 2 Recreational Pacifity

45TH ANNIVERSARY WEEKEND

July 15, 2017

at Trollhaugen Lodge

Schedule of Events

Friday: Evening reception, Scrap books, static displays, coffee, cookies.

Outdoor movie night at dusk.

7am-9am Continental breakfast -donation

12pm-4pm Lunch: continuous serving.

Cost: \$10 (once through)

2pm Recognition Awards

Dusk Movie Night

PowerPoints, tours, scrapbooks, static displays & more!

Sunday: 7am-9am Pancake Breakfast \$5.00

For meal tickets Call: Pam Silk @ (208) 661-8034

(Make checks out to Prollhaugen)

Mail Checks To: 10721 N. Oak St.

Hayden, Idaho 83835

For overnight stay in the lodge or camping spot call Trollhaugen for reservations (509) 656-9997

Volunteers Needed

- 1. Volunteer help needed almost every weekend in June-July-August. Member volunteer help may consist of set-up, clean-up, serving, plating dishes, just to name a few. If interested in finding out more, contact Vicky, Lodge Manager, at info@poulsbosonsofnorway.com
- 2. Food handlers permits can be obtained online for \$10 at https://www.kitsappublichealth.org/FoodSafety/food_cards.php
- 3. Do you need to renew your food handlers permit? Don't know if your permit is current? Copies of permits can be found in the volunteer book located in the lodge kitchen. You can renew online



at $\underline{https://www.kitsappublichealth.org/FoodSafety/food_ca}\underline{rds.php}$

Welcome New Members:

Eric & Hallie Anthony, Steven "Todd" Beesme Peter Brian, Kim Brooks, Jonathan Crane, Mike Dudley, Chris Harris, Kim Henneke-Singer, Danie & Lisal Howgate, Laura Jett, Anna Jewell, Cara & Leif Kasperson, Alan Kent, Charles Knight, Jacqueline Lizon, Rachel Maine, Michele Millsap, Reilly Morgan, Dylan Morgan, Clayton Mork, Thomas Mueller, Zane O'Keefe, Kurt Otterby, Allison & Joseph Parker, Mark & Patricia Parris, Tina Pilger, Michael Ramey, Daniel & Nicole Reddick, Karen Richter, Jordan Rogers, Mark Singer, Pamela Sloan, Stephanie Sluys, Joseph Sorenson, David Starkel, Kenneth Thomas, Elisa & Joseph Warren, Karen Zabinski,



Jarlsberg Filled Peppers (Jarlsbergfylt paprika)

Authentic Norwegian Cooking by Astrid Karlsen Scott

- 4 large peppers, red or green
- 2 tsp. coarse salt
- 1 lb. (450g) ground meat, low fat
- 1/2 tsp. Tabasco®
- 1/2 tsp. pepper, coarsely ground
- ½ tsp. garlic salt

cup (1/2 dl) French bread crumbs

- juice from 1 lemon
- 11/4 cup (3 dl) Jarlsberg®, diced
- 31/2 tbsp. butter
- garlic salt

Divide peppers in two, remove stem and seeds. Sprinkle the coarse salt on baking pan. Mix meat, Tabasco, garlic salt, pepper, lemon juice, crumbs and half of Jarlsberg cheese. Divide evenly between the peppers. Top the peppers with remainder of the cheese. Melt butter, add garlic salt and brush over the peppers. Place on top of coarse salt on baking sheet, and bake in 350°F (175°C) oven for about 35 minutes. Serves 4-6.

Summer: the Perfect Time for Savings with PerkSpot

With the warmer weather comes a myriad of activities that can diminish your bank account in no time. Sons of Norway provides members a one-stop discount shopping experience with PerkSpot. Need a Father's Day gift? Access Edible Arrangements or the Columbia Sportswear store websites to find just the right item for Dad. Moving your student to or from college? Rent a moving van with Penske. Ready to ramp up your exercise routine? Discover deep discounts at Diamondback Bicycles. Sign up to get these discounts and more at Sons of Norway's online PerkSpot portal at

https://sonsofnorway.perkspot.com/login

Before you finalize your summer activities, check out even more exclusive member discounts at https://www.sofn.com/member_benefits/member_discounts/

Nordic Folklore

Some of the pictures in the Maaken are used with permssion from Nordic Folklore. Cards with these and other designs can be found at: https://nordicfolklore.com/

July 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Pancake Breakfast 8:45 -11	Third of July fireworks on the Fjord Off	4 5 to 7pm - Dinner ice Closed	5 11am-2pm Kaffe Stua (Norwegian Luncheon)	6 1:00 – Language Group 6:00pm -Trivia 6:00pm-Woodcarving 7:00 - Vikings 7:30 V. S. Mannskor	7 10-1- Nordic Needle workers 6:00pm – Dinner	8
9 Borderfest	10	5 to 7pm - Dinner 6:00pm Board Meeting	12 11am-2pm Kaffe Stua (Norwegian Luncheon)	13 1:00 – Language group 6:00pm -Trivia 6:00pm-Woodcarving 7:30 V. S. Mannskor new members night	14 10-1- Nordic Needle workers 6:00pm – Dinner	Trollhaugen 45th Anniversary Celebration July 14
16 Kayaking on Liberty Bay	17	18 1:00pm -Ladies Book Club 5 to 7pm - Dinner	19 11am-2pm-Kaffe Stua (Norwegian Luncheon)	20 1:00- Language group 6:00pm -Trivia 6:00pm-Woodcarving 7:30 V. S. Mannskor	21 10-1- Nordic Needle workers 6:00pm – Dinner	22 Luau
23	24	25 5 to 7pm - Dinner	26 11am-2pm Kaffe Stua (Norwegian Luncheon)	27 1:00 – Language group 6:00pm -Trivia 6:00pm-Woodcarving 7:30 V. S. Mannskor	28	29
30	31					

Like us on Facebook for the latest information and pictures of lodge events.

If there is a way that we can help you in your goals, to care for the people around you, or for future generations in your family please let us know. Our lodge has two Financial Benefit Counselors available to help you along your way. If you want to know more, or simply want to know how to use Life Insurance, call your friend and Financial Benefits Counselor.

Alisha Anunson (360) 271-7302, or alishaszoo@yahoo.com,

Marlene Taylor, CLU, MSFS (360) 426-5595 or marlene@marlenetaylorinsurance.com



Office Manager: Vicky Spray 360-779-5209 sonsofnorwaypoulsbo @ embarqmail . com

Editor: Joanne Graves (360) 297-2186 rain
4days @ centurytel . net $$\mathbb{Q}$$

Måken is a newsletter of the Poulsbo Lodge No 44 of the Sons of Norway, a non-profit organization located at front page. No ISSN has been assigned. The newsletter is sent to all members of the Poulsbo Lodge at no additional cost. Each issue has a circulation of 1,000.

check our Wedsite: www.poulsbosonsofnorway.com

July 2017

Non-Profit POSTAGE PAID POUISDO, WA 98370



