



July 2009

Volume 93 Issue No. 7



July 2009

July 3 Fireworks on the Fjord
Friday Night Dinners
Let's Play Bingo
See calendar for More

Happy Independence Day!

Everyone take a moment to thank
all our military personnel who
have so unselfishly given of
themselves to keep us free
HAPPY 4TH !!

President's Message

Wow – we seem to have moved into summer in a big way. As I write this, the thermometer in my office says 91 degrees! Who would have thought we'd have 90 degree days in Poulsbo during June? So come on down to the lodge and join your fellow members in a cold drink on our "hot" deck. It doesn't get much better!

July brings *Fireworks on the Fjord*, Poulsbo's own Independence Day celebration on July 3. What better place to enjoy the daylong show than at your lodge? Front row seating is available! Later in the month, we will be trying something new with a Seafood Feast on July 25th. There will be appetizers of Oysters, Clams, and Mussels; followed by Surf and Turf for the main course. Summer is a great time to belong to the Sons of Norway!

On a less positive note, your lodge continues to struggle financially. While we are in a somewhat better position than last year at this time, we are still not making ends meet. As a result, at its May meeting the Board of Directors decided to reorganize the duties of our paid employees to reduce our payroll expenses. We moved the duties of Bar Manager back into the Trolls Den, and restructured the office duties such that we no longer required a fulltime Lodge Administrator. The Board expects that these changes will reduce our costs by nearly \$1,000 each month.

The changes were implemented in June. Unfortunately, our Lodge Administrator, Diane Swayne, decided that she needs a full-time job, and declined our offer of part-time work. We thank Diane for her service at the Sons of Norway and wish her well in her future endeavors.

Our new Office Manager is Vicky Spray, long time member and dedicated volunteer in our lodge. Please stop in and welcome Vicky in her new role. We expect that her years of service to the lodge will be a real plus to us as she gets herself established.

The Bar Manager duties have been assumed by Doug Stuart, who has been serving up drinks and fun in the Trolls Den since last July. Based on our experience with Doug's energy and imagination thus far, we are expecting great things from him in the future!

By the time you read this, Sandi and I will be most of the way through the "vacation of a lifetime" trip to Norway. We will be visiting Oslo, Bergen, Trondheim, and a host of smaller cities. We will spend 9 days on the Hurtigruten (coastal ferry) and several weeks with family and friends. So, maybe at the August meeting we will share our pictures and experiences. Until then.....

Ha det bra!
Skip

POULSBO SONS OF NORWAY LODGE #2-44 June 2009 Lodge Meeting Highlights

The following are the highlights from the June membership meeting:

- President Walsh thanked Katherine Hanson for her presentation on Norwegian author Knut Hamsun.
- Kathy Moncrief's Treasurer's report indicated that the lodge is still operating in the red.
- New members Douglas Stuart, Tarra Forsythe, and James Felty were welcomed to the lodge.
- Golden Memberships were presented to John and Janice McVicker, and Patricia Milton and Fred Waters was available to accept his Golden Membership which had been recognized earlier.
- Weight Watchers has decided they cannot afford the rent increase and will be moving.
- 22 people successfully completed the Food Handlers class in May.
- Host houses are needed for August 10th for the dance group visiting from Norway.
- Joanne Graves, Youth Director, reminded everyone to come and enjoy Midsommerfest.
- The Ladies Club needs help with the Chamber luncheon on July 8th and a large wedding on August 1st.
- Upcoming events include the Trollhaugen Steak Fry and the Member picnic at Raab Park in August.
- The lodge bartender, Doug Stuart, has agreed to assume the duties of Bar Manager.
- The lodge administrator position has been downsized to a part-time Office Manager position to help the lodge address its financial concerns.
- Vicky Spray has agreed to be the lodge's part-time Office Manager.

Question for the Month: What are the four freedoms as identified by Franklin D. Roosevelt? ☺

Reminder!









Be sure to collect your gently used items and save them for the September 26th Ladies Club Rummage Sale. All proceeds go to the Lodge.

The Lodge office number is: 360-779-5209
The Lodge Fax number is: 360-779-5223
The Trolls Den number is: 360-779-2384

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Aug
2009

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 Kaffe Stua 11am-2pm BINGO 6:00 pm	2 Wood-carving Support 6:00-9:00pm Vikings meet potluck at 7:00 and meeting at 7:30 Wii Bowling	3 Nordic Needleworkers Noon to 2pm Potluck in Trolls Den Fireworks on the Fjord 	4 Independence Day 
5 Vern's Pancake Breakfast 9:00am-Noon	6	7 Dinner 5:00-7:00pm Lodge Board Meeting 7:30 p.m.	8 Kaffe Stua 11am-2pm BINGO 6:00 pm	9 Wood-carving Support 6:00-9:00pm Beginning of the 100th Anniversary of District 2!!! Wii Bowling	10 Nordic Needleworkers Noon to 2pm Dinner – Jan & Shorty Steak & Shrimp 6:00 to 8:00 pm	11
12 <i>Border Festival 100th Anniv. Kickoff - Blaine</i> BBQ on the deck 	13	14 Dinner 5:00-7:00 pm Lodge Meeting 7:30 pm Library open before & after the lodge meeting	15 Kaffe Stua 11am-2pm BINGO 6:00 pm	16 Wood-carving Support 6:00-9:00pm Wii Bowling	17 Nordic Needleworkers Noon to 2pm Dinner – Surf & Turf 6:00 pm to 8:00 pm	18
19 BBQ on the deck 	20	21 Dinner 5:00-7:00pm Barstool BINGO (free)	22 Kaffe Stua 11am-2pm BINGO 6:00 pm	23 Wood-carving Support 6:00-9:00pm Wii Bowling	24 Nordic Needleworkers Noon to 2pm Dinner – Sandwiches & Salad 6:00 to 8:00 pm	25 Dungeness Hike Seafood Frenzy 4:00 to 5:30 pm hors d'oeuvres Followed by sit down dinner 
26 BBQ on the deck 	27	28 Dinner 5:00-7:00pm Celebration of July weddings in the Trolls Den	29 Kaffe Stua 11am-2pm BINGO 6:00 pm OLSOK	30 Wood-carving Support 6:00-9:00pm Wii Bowling	31 Nordic Needleworkers Noon to 2pm Dinner – Overbys' crew <i>Surf & Turf</i> 6:00 pm to 8:00 pm	
2	3	4	5	6	7	8

To Help with Tuesday Night Dinners please call Dorothy Walsh @ 360-779-5188. More Crews/Volunteers are needed for Friday Night Dinners, contact Barbara Mitchusson at barbaraj@comcast.net or 360-779-4553.

MEMBER COMMENTS

From the Desk of Your Editor:

Independence Day!! It's more than just loud booms and fireworks—it's an attitude. It's a time to remember the cost of our freedom and to remember that Freedom is not Free. I know we have Memorial Day to remember all those who have given their lives for our country. But on this day of celebration, it is important to remember why we are a free country. As a group we do tend to take our liberty for granted and assume, rather like spoiled children, that we have the right to happiness and success. Actually, even our constitution doesn't promise happiness—only the right to pursue it! Liberty! We are given the freedom to pursue our dreams. Each day we should thank all our service men and women who have given their time and often their lives to ensure that America remains free. I have always thought Abraham Lincoln said it best (and succinctly) in his most famous speech:

Four Score and Seven Years Ago our fathers brought forth on this continent a new nation conceived in liberty and dedicated to the proposition that all men are created equal. Now we are engaged in a great civil war testing whether that nation or any nation so conceived and so dedicated can long endure. We are met on a great battlefield of that war. We have come to dedicate a portion of that field as a final resting place for those who here gave their lives that that nation might live. It is altogether fitting and proper that we should do this. But in a larger sense, we cannot dedicate, we cannot consecrate, we cannot hallow this ground. The brave men, living and dead, who struggled here have consecrated it far above our poor power to add or detract. The world will little note nor long remember what we say here, but it can never forget what they did here. It is for us the living rather to be dedicated here to the unfinished work which they who fought here have thus far so nobly advanced. It is rather for us to be here dedicated to the great task remaining before us -- that from these honored dead we take increased devotion to that cause for which they gave the last full measure of devotion. That we here highly resolve that these dead shall not have died in vain. That this nation, under God, shall have a new birth of freedom, and that government of the people, by the people, and for the people shall not perish from the earth.

Happy 4th of July and happy 3rd of July in Poulsbo!

Answer to last month's question: A1ANA2 is "uh 1 an uh 2"—Lawrence Welk's license plate number! ☺

Lodge Officers for 2009: The following is the slate of officers elected to lead your lodge during 2009. If you have questions or concerns about your lodge or would like to volunteer in some area, please contact Diane in the office or feel free to contact any of these officers:

President – Skip Walsh	Vice President – Fred Weatherford	Sports Director – Wade Moncrief
Counselor – Barb Mitchusson	Cultural Director – Grace Overby	Social Director – Heidi King
Foundation Director – Phil Swenson	Secretary – Denise Bauman	Historian – Dorothy Walsh
Asst Secretary – Julie Swenson	Publicity Director – Darlene Burke	Financial Sec – Michele Burk
Editor –Sherry White	Youth Director – Joanne Graves	Treasurer – Kathy Moncrief
Musician – Jan Peterson & Bonnie Schroeder		Trustee – Vern Herrick*
Trustee – Shirl Nadeau *	Trustee – Myrtle Jodry	Greeter #1 – Nancy Korsak
Greeter #2 – Kristin Holt	Auditor – Phil Swenson*	Auditor – Tony Smallbeck
Auditor – Bill Arness*	Marshall – Robert Kodalen	Asst Marshall – Donna Rice

* elected in previous years

Emergency Money

I believe it is safe to say that we are now experiencing some very challenging financial times. As we watch the news and read the newspapers we are seeing folks lose their jobs, lose their homes, and run up a ton of debt using credit cards. This brings me to the main point of this article and that is where does one go to get "Emergency Money"? Some folks will turn to their 401k or IRA. As one borrows from the 401k, this will impact on the retirement and the funds have to be paid back. If you lose your job, the funds have to be paid back in 60 days or you will face taxes and penalties. One can withdraw funds from their 401k, but once done the funds cannot be paid back. Again, taxes and penalties apply. Another damaging part of this is that you are selling funds in a down market to meet your financial needs. The next place to get emergency money is from the equity in your home. This comes with strings attached. It has to be paid back! Now, lets cash in some CDs. One loses the interest that the CDs are earning. Maybe we can refinance our home, if we have a home. The question is do we qualify for the loan? This also has to be paid back. There is another option that is overlooked by many folks. Some of you have cash value life insurance and maybe also annuities. Let's talk about cash value life insurance. This is permanent life insurance as contrast to term insurance. One should only buy term to cover short term life needs or business needs. If you have permanent cash value life insurance and have kept up with the premiums, you may be surprised as to the amount of cash in your policy. This in my opinion is the best place to borrow funds. NO paperwork, NO seeing if you qualify, NO payback schedule (you set your own). Permanent life insurance has many uses and the last reason to purchase permanent life insurance is for the death benefit. Sad to say this is the primary reason most folks purchase life insurance. They buy it for the death benefit and also want the most for the least amount of money. This is the reason you hear so many ads to purchase term insurance. The insurance companies know how you think and they are only too glad to meet your need for **CHEAP** insurance. The truth of the matter is that less than 1% of the policies ever pay a death claim before age 65. They hope you will keep the insurance until you can't afford it because the premiums keep going up with age. Those of you who have permanent life insurance know that, if it is structured right, it ends up as the **CHEAPEST** life insurance you can own and the best place to get Emergency Money!

Ralph M. Naddeo

Financial Benefits Counselor.

1-866-648-8889, e-mail tipper13@comcast.net



Leikarringen

Leikarringen dancers are on summer vacation until September. A tentative dance schedule for the 2009-2010 dance year should be on line later this month.

For more information, call Joanne at [779-9979](tel:779-9979).

Nordic Needleworkers

Instruction in Hardanger and help in other handwork is available most Fridays in the summer; 12:00-2:00 p.m. Call Grace at 360-779-2460 or 360-550-6049 for more information or if you want to be sure they are meeting.

Woodcarving

Woodcarving continues on Thursdays from 6 p.m. to 9 p.m. in the Norse Room. Ken Green is available for questions about the program at 360-697-2835.

BUL Kongsberg & Grant Award

Our lodge was awarded a \$100 Local Lodge Partnership Grant from the Sons of Norway Foundation to help with the BUL Kongsberg workshop, potluck, program, and gammaldans on August 10th. Be sure to save the evening for this special presentation now co-sponsored by our lodge and the SON Foundation. A suggested donation of \$5.00 per person will be accepted at the door. Also, remember that, if you have available space, we need to provide lodging for the night for our guests. Please let Grace know if you would like to host a Norwegian guest or two for this event. You can reach Grace at 779-2460.

The Leikarringen BUL Kongsberg is a traditional folk dance group from Kongsberg in Buskerud County west of Oslo. Kongsberg is a small town of about 24,000 and is well known for its old silver mines. Today it is a fast growing high-tech engineering town with multi-national businesses. The dance group first performed for Kongsberg's 300th anniversary in 1924 and they are celebrating their 85th anniversary with a visit to the United States. They will be performing in Portland, Oregon on August 8th and then will come to Gig Harbor, Poulsbo, and Seattle before leaving the Northwest.

Midsommer Fest

Tusen Takk to all who helped make our Midsommer Fest such a great success. It takes the entire lodge!! Many helped. It was a most memorable day.

Sports Information

Ole Berg Golf Tournament: The 2009 Ole Berg Tournament will be held at Meadowmeer Golf Course on Bainbridge Island on **Sunday**, August 23rd starting at noon. The tournament is open to all Sons of Norway members and their guests. Please note that this is the day after the District II Tournament. The registration fee is \$20.00 per player. Players are responsible for paying their own green fee which is \$31.00 at Meadowmeer. Cart rentals are \$26.00 and, if you want a cart, it must be reserved in advance. We must have a minimum of 20 players in order to have the tournament. If you are a golfer mark this on your calendar! If you have more questions or to register for the tournament, contact Wade Moncrief ([297-3571](tel:297-3571)) or sign the registration sheet in the Trolls Den.

Dungeness Spit Hike: On Saturday, July 25th, a hike is planned at Dungeness Spit in Sequim. We will meet at 8:00 am at the lodge and then carpool to Sequim. The hike out to the lighthouse is about six miles each way. (but will feel like twelve miles on the way back ☺) Hikers can go as far as they want or just sit on the beach and enjoy the outdoors or even beach comb. Bring a sack lunch and water. There is a small entry fee at the park in order to hike on the spit. We'll return in time for the Seafood Frenzy. Further questions? Contact Wade Moncrief at 297-3571.

Youth News

Heritage Camp 2009

Thank you to all the Heritage Camp volunteers. This year 37 campers enjoyed three days of crafts, cooking, singing, dancing, and games. Camp would not be possible without all the wonderful volunteers who donate their time and talent to bring a little of our Norwegian heritage to the youth of our community!

Stemne

For those attending Stemne at Camp Brotherhood, registration forms are due by July 26th. For more information contact Joanne Graves at (360)779-9979.

Library

Open before and after the lodge meetings in the summer. Regular hours in September. Call Grace Overby at 360-779-2460 for further info.

Trolls Den Update

Beginning in July, the third Tuesday of each month there will be **Bar Stool Bingo** in the Trolls Den. It is free, fun and there will be prizes galore! Come on down and join the fun!

In Memoriam

Barbara Laun
Alfred Jensen

2009 Sons of Norway Lodge Calendar of Events

Jul	3 Fireworks on the Fjord 4 Independence Day 25 Seafood Feast on the deck 25 Dungeness Hike
Aug-	10 Norwegian Folkdance Workshop 22 Hawaiian Luau Membership Dinner (music) 23 Ole Berg Golf Tournament
Sep	18 Country Western Night (music) 20 Lodge Picnic – Raab Park 26 Ladies Club Rummage Sale
Oct	9 Leif Erikson Day 23 Oktoberfest Dinner (may have music) 31 Halloween Party (music)
Nov	10 Lodge Meeting – Election of Officers for 2010 14 Vet's Night (music) 21 Lutefisk Dinner 29 Lodge Christmas Decorating Day
Dec	5 Bazaar and Julefest 7 Lodge Children's Christmas Party 10 Ladies Club Christmas Party 13 SHARENET Auction 19 Lodge Christmas Party (music) 28 Leikarringen Family Potluck 31 New Year's Eve Party (music)

Vestre Sund Mannskor

Men who enjoy singing are invited to join the Vestre Sund Mannskor. For information about the group call Bob Ellerby [360-598-4831](tel:360-598-4831). You can also find more information at: <http://www.pcnsa.org/LocalGroups/Poulsbo.ht>

NEEDED: COOKS For the Sunday BBQs. The few are currently feeding the many and, as we all know, that can make a lot of work for the few while—many hands make the work light. So, come on in and sign up to BBQ on a Sunday afternoon. You'll not only get to eat for free, you will receive the glory and admiration of your fellow lodge members and the undying gratitude of those few currently carrying the load!

Friday Night Dinners: Crews needed to help with the Friday night dinners at the lodge. There is a signup sheet in the Trolls Den. Please help out by putting together a crew or resurrecting an existing crew. If you need a crew chief to help put a dinner together, one can be made available. Please volunteer so we can keep these Friday night dinners going!

Olsok

July 29th is Olsok, summer's last important celebration in Norway and one of its official flag days. Tradition has it that on this summer's day, July 29, 1030, the Viking King Olav Haraldson fell in a fierce battle at Stiklestad, some 45 miles northeast of Trondheim. Get your flags ready!



Our Vikings Need You

The Sons of Norway Lodge #44 Vikings are looking for new members who are interested in being one of the hits of the Viking Fest parade and other Poulsbo events. They are a social bunch who enjoy potluck meetings, parades, and fellowship as Vikings. Please contact Chris Whitley at 360-692-2874 if you are interested in joining or attend their next meeting on July 2nd downstairs next to the Trolls Den for potluck at 7:00 pm and meeting at 7:30 pm.

Lodge Meetings

At our July lodge meeting we will show a 25-minute long DVD titled "Finding Thea". Through her life and work, Thea Foss became a pioneer archetype for women in the first half of the twentieth century. In 1931, Thea became the inspiration for a fictional character in Norman Reilly Raine's famed "Tugboat Annie" stories published in the Saturday Evening Post. These popular tales led to three Hollywood motion pictures and a 1950s television series. "Finding Thea" separates the woman from the myth!

Ladies Club News

Vice President Jan Peterson presided at the June meeting. At that meeting a motion was made and passed to transfer \$1,000 to the Building Association to help with the bill for the elevator incident during the May 30th wedding which we were catering. It was also voted to give a \$200 bonus to Kevin, the lodge custodian for all the times that he has been called upon to do jobs that are not during his regular working hours. The Ladies Club will be catering the Chamber luncheon on July 8th and a wedding buffet dinner on July 11th and will need workers for those events. August 1st is a very big wedding and we will need more help than just the Ladies Club can handle, so we will be calling on all members. There will be no meeting in July, but Darlene Berge has graciously offered her lovely home and gardens at 17114 Lemolo Shore Drive for our August 13th potluck luncheon. Details will follow in the August Måken. Barb Mitchusson, President [779-4553](tel:779-4553), barbara.j@comcast.net

Membership Luau

August 22nd will be an important day here at your lodge. We will have a membership drive luau with a band and a silent auction. Bring a potential new member and receive half off your dinner—the cost not the food! This will be a great time for all so be sure to put the date on your calendar, come and enjoy the camaraderie.

A Veritable Smorgasbord!!!

Calling all you seafood lovers. Come on down to the lodge on July 25th for a seafood frenzy. The fun begins at 4:00 pm with oysters, clams, and mussels until 5:30 pm followed by a sit-down dinner of surf and turf! Now, if any of you would like to help out with the appetizers or with the dinner, contact Heidi King at 360-204-1110.

Lodge Raffles

As noted previously, the lodge is now authorized to conduct raffles during meetings and other gatherings at the lodge. The pot is split between the lodge and the winning ticket—with the proper amount taken out for taxes, of course! Members are showing an interest in keeping the raffles going and so far they have been quite successful.

Celebrate Your Nordic Roots

The Leif Erickson International Foundation is offering the opportunity for all Scandinavians to offer tribute to ancestors who immigrated to the US by having their names engraved on plaques placed around the base of the Leif Erikson statue at Shilshole Bay Marina in Seattle. Only 300 plaques will be sold at a cost of \$125 per plaque. For more information call 206-778-1081 or visit their website at

www.leif Erikson.org.

100th Anniversary Update

2009 is part of two 100th anniversaries this year! The Alaska-Yukon-Exposition took place in Seattle in 1909 and we are also celebrating the birth of District 2 of the Sons of Norway. On July 12th, Districts 2 and 7 will kick off their year-long celebration during the Border Festival at Peace Arch Park near the Canadian border. There will be many celebrations throughout the district during the year so stay tuned.

Ballard Seafoodfest

On July 25th and 26th you will be able to see the 1800s boat *Nordic Spirit* representing the Alaska-Yukon-Pacific Exposition 100th anniversary celebration in Ballard. Stop in at the Leif Erikson booth. There will be amazing food and entertainment throughout the weekend.

Steak Fry at Trollhaugen

On Saturday, August 1st, there will be a fun steak fry at Trollhaugen. This will be just one of many Fram forward into the future events celebrating the 100 years of District 2. Everyone is invited to come and be part of this event. For more information, call Christine Anderson, Leif Erikson Lodge, 206-783-1274 or online at www.leif Eriksonlodge.com

District 2 Invitation

The 100th Anniversary Committee of District 2 Sons of Norway cordially invites you and your lodge members to the Kickoff of the 100th anniversary year of the formation of District 2 Sons of Norway Fram, forward into the future at the Annual Border Festival at Peace Arch Park in Blaine WA on July 12, 2009 Events starting at 9:30 AM Potluck picnic at Noon

Norsk Folkedans Stemne

The Leikarringen BUL Kongsberg will be welcomed at Camp Brotherhood near Mt Vernon on August 14th, 15th, and 16th. Learning and sharing Norwegian dancing and music with folk dancing groups of all ages from Norway, Canada and the United States are the primary purposes of Norsk Folkedans Stemne. Because of the interest in *halling* or *laus dans*, there will be special instruction for the young and limber. The *halling* allows the performer to show off his flexibility, dance ability, and athletic ability with gymnastic steps done to rhythmic music. In the final moments of the dance, the man kicks off a hat dangling at the end of a pole held at least six to eight feet from the floor. If you are interested in learning the dances or just attending this event, visit their web page at <http://www.seattlestemne.org/> for information and registration forms.

Tubfrim Stamps

Please keep saving the stamps but, until further notice, don't send them on to Leif Erikson Lodge. SAS is closing its flights from Seatac and lodge personnel are working on new arrangements for sending the stamps to Norway.

3rd of July Fireworks!!

Remember, there will be an hors d'oeuvres potluck in the Trolls Den the evening of July 3rd to watch the fireworks in Poulsbo. A new group is planning the event this year so watch the local paper for more information on what may be going on downtown.



Have a Happy and Safe Holiday!!!



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July 2009 check our Website: www.poulsbosonsofnorway.com

2009 Camp Sessions

Camp Trollhaugen

June 28 to July 11 Ages 13-15

Camp Nidaros

July 12 to 25 Ages 9-12

Camp Normanna

July 26 to Aug 8 Ages 9-12

Learn about Norwegian
Heritage, language & culture

Call 425-672-0194 or visit

www.sofncamps.com

Scholarships available



The Sunday Trolls Den hours will be determined by the Trolls Den Committee and the Bar Manager in order to take advantage of the sporting schedule and other events. Come on in and join in the fun!

Place your ad on this page.
Call lodge for rates.



Måken Identification Statement

Måken is a newsletter of the Poulsbo Lodge No 44 of the Sons of Norway, a non-profit organization located at 18891 Front St, Poulsbo, WA 98370. Published monthly. Issue date, number and volume are located on the front page. No ISSN has been assigned. The newsletter is sent to all members of the Poulsbo Lodge at no additional cost. Each issue has a circulation of 1,000.

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